



Life is filled with change, and every change involves a choice. Good choices lead to success and satisfaction. VISUAL FRAMEWORK FOR CHANGE guides the process of making choices with imagery that speaks to the heart and insight that expands the mind.

VISUAL FRAMEWORK includes all 128 images that I created while exploring the *I Ching*. It took eight years to complete the paintings and ten more to know what to write about the experience. (I think painting is easier).

The text for VISUAL FRAMEWORK was inspired by ideas explored in *A NEW EARTH* by Eckhart Tolle. He points out how challenging life can be when we are limited by the perspective of the ego. On the other hand, when we embrace the larger perspective (of essence, the soul, or the wiser self) many more possibilities open up.

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